



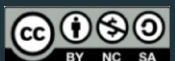
Recommended Resources On Story

Read

Articles

- **The 3 Central Questions of the Story Workshop**
by Dan Allender
- **A Theology of Stories**
by Kate Rae Davis
- **Room (2015), Transitions, Gratitude, and Forgiveness** by Kate Rae Davis
- **Ambiguous Loss & The Liturgies of Lament**
by Brittany Deininger
- **Retelling Hagar’s Story: Reading Trauma in Genesis 16** by Marina Hofman
- **The Importance of Inner Work**
by Blaine Hogan
- **Lay Your Tired Stories to Rest**
by Charlie Howell
- **Accepting Your Darkest Emotions is the Key to Psychological Health**
by Lila MacLellan
- **Living the Questions: Knowing Your Story**
by Matt Morrissey
- **How Christian theology and practice are being shaped by trauma studies**
by Shelly Rambo
- **The Trauma of God** by Frank Seeburger
- **Chronic Stress as Trauma: Resilience in the Time of COVID-19** by Andrea Sielaff
- **Disillusionment, Posttraumatic Growth, and Resilience in Pandemic** by Andrea Sielaff
- **Why Trauma & Theology?** by Chelle Stearns
- **God’s Child: A New Imagination in Trauma Healing** by Margaret Trim
- **9 Theology and Trauma Books to Read**
from The Seattle School
- **Circles of Support** –
a free downloadable resource

We'd love to hear your experience of this resource. Email transforming@theseattleschool.edu, subject: Resources.



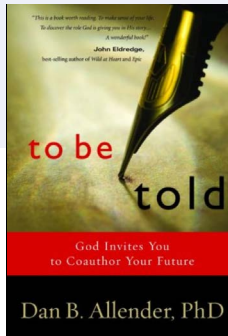
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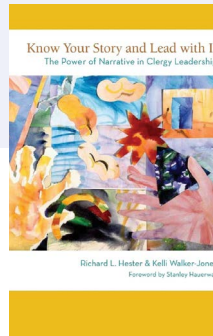
Read

Books



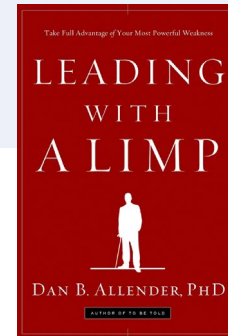
To Be Told: Know Your Story, Shape Your Life

by Dan Allender



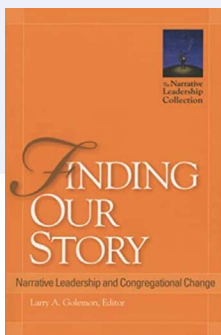
Knowing Your Story and Lead with It: The Power of Narrative in Clergy Leadership

by Richard L. Hester,
Kelli Walker-Jones



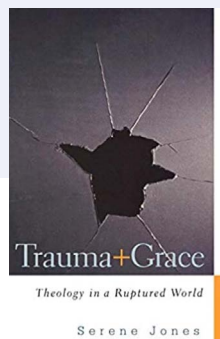
Leading with a Limp: Turning Your Struggles into Strengths

by Dan Allender



Finding Our Story: Narrative Leadership and Congregational Change

by Larry A. Golemon



Trauma and Grace: Theology in a Ruptured World

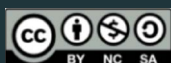
by Serene Jones



Spirit and Trauma: A Theology of Remaining

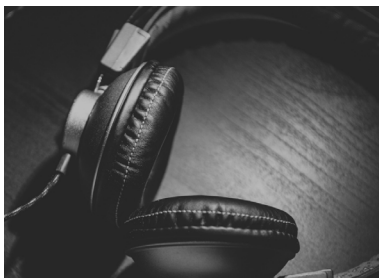
by Shelly Rambo

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 **Listen: From the Allender Center Podcast**

- **Why Should I Look at My Story?** _____ 11min
- **The Role of Past in Current Relationships** _____ 12min
- **What If I Don't Have a Story?** _____ 22min
- **How Do I Trust My Memory?** _____ 22min
- **What If I Fear My Story?** _____ 25min
- **More Story Questions** _____ 26min
- **Resilience, Trauma, and the Hope of the Church a conversation with Shauna Gartier, Kate Davis, Laura Wade Shirley** _____ 37min

 **Watch**

- **Pain & Art: Write What You Honestly Know** _____ 19min
by Ryan Gattis
- **What Trauma Taught Me About Resilience** _____ 15min
by Charles Hunt
- **Where is the Wounding?** _____ 2min
By Dr. Stephanie Neil

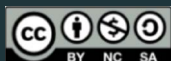
Want to learn more? Search these terms:

Cultural differences in storytelling OR Adverse childhood experiences

“**T**here is no greater agony than bearing an untold story inside you.”
– Maya Angelou

“**L**et the redeemed of the Lord tell their story— those God redeemed from the hand of the foe, those God gathered from the lands, from east and west, from north and south.”
– Psalm 107

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